From the Principal

Dear Parents
What a busy start to Term 4. I was disappointed I couldn’t join the upper division at Boorowa Touch and Netball Carnival last Friday, but I had nothing but good reports back about the students’ sportsmanship and effort on the day.

Please be advised that Mrs Wilson will be returning to Bowning School next Thursday 29th October, 2015.

Tracey Leggett
(Relieving Principal)

Grandparents Day

Grandparent’s Day will be happening at our school this Friday 23rd October.

Grandparents support and connect us to the values, stories and histories of our families and communities. We will celebrate the role grandparents play in all our lives on this day. Grandparents and grandfriends are invited to join us on Friday morning 23rd October for ‘Ye Olde Fashion Games”, craft and cooking activities at 9.15am. Looking forward to seeing you.

Friday 13th December

Year 6 Mini Fete
Year 6 will host their fundraising mini fete from 11.30 to 1.15pm to help raise funds for their end of year gift to the school. Year 6 students are asked to gather items they need for their activity, stall and prizes by Wednesday 11th December.

Bowning P&C Association

Thank you to all the parents who attended last Mondays’ P&C meeting. Your input is very important in the running of our school.

Raffle tickets for our Term 4 fundraising were sent home last week. Tickets are $2 each and will be drawn at Presentation Night on Monday 14th December. If you require more tickets please contact the office.

Prizes are:
1st : A double pass to the National Zoo and Aquarium’s Meet the Cheetahs” valued at $300
2nd : A family pass to Questacon, the AIS, the National Dinosaur Museum and Cockington Green valued at $200 and
3rd : $150 worth of meat. Delivered to your door, thanks to Solly’s bulk meats

Thank you to Rowena & Mark for organising this raffle.

Also it was decided to have a hamper raffle to be also drawn at Presentation Night. Could donations of food items be forwarded to school for this raffle. Your help with these raffles would be very much appreciated.

Kindergarten Orientation

Our extended kinder orientation program will run for 4 weeks commencing on Friday 30th October. 4 kindergarten students, James, Decklin, Flynn and Bailey will attend school each Friday morning from 9am to 11.30am for 3 weeks and then attend a full day (9am to 3pm) on the final day of the program, Friday 20th November. We look forward to welcoming them to our school.

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Boorowa Carnival/School Photos/Report Folders

Boorowa Netball/Touch Carnival
Upper Division and Gunning students had a great day participating in the Touch Football and Netball games at Boorowa last Friday. Our 4 teams (Bowning & Gunning combined) played really well, competing against a broad range of schools and making new friends. Our thanks to Sherree, Marnie & Desnee for their help as referees on the day and to Natalie, Renee & Nichole who helped manage the teams. It was a very successful day.

School Photos
School photos will take place on Tuesday 10th November, 2015 commencing at 9.15am.

Photo envelopes are attached to this newsletter. All envelopes (whether you are using them or not) need to be returned to school by Monday 9th November.

Any families who wish to have family photos must request a family envelope from the office. (Please note siblings only).

Report Folders
Second semester reports will be issued towards the end of Term 4. Could parents please return the report folders as soon as possible for updating. There are still 21 reports outstanding.

Book Prize Donations/Whole School Swimming Scheme/Boorowa Netball Photos

Book Prize Donations
An invitation is issued to members of the school community to donate money to be spent on book prizes that will be awarded on Presentation Night, Monday 14th December.

Books generally cost between $15 and $30 but donations of $10 are most welcome as they can be combined with others to fund a prize. Donations sent to the office will be gratefully received.

Whole School Swimming Scheme
The Whole School Swimming Scheme program is an intensive learn to swim program for all students K-6. The 10 day program will be held in Weeks 8 & 9 (23rd November to 4th December – please mark your calendars) at Yass Swimming Pool, commencing at 9.30am to 10.15am. Permission notes, entry fees and information will be sent home next week. Travel will be by bus and the P&C will be paying for the bus and an additional austswim instructor.

Boorowa Netball photos
Attachments
- Parents Guide to the NSW Syllabus booklet
- Healthy Eating fact sheet
- Bowning Christmas Party flyer
- WEP flyer
- Montessori pre-school flyer
- Halloween Disco flyer
- Bowning Bushfire
- Brigade flyer & booklet

Ballet in Bowning
Ballet in Bowning will take place in Bowning Hall each Sunday afternoon at 2pm. There is no cost involved and all ages are welcome to attend. For enquiries please phone Cecile after 5pm on 62276456.

Gonski Week Celebration
Principals, teachers, parents and community members are invited to attend the National Gonski Week event to celebrate the positive difference Gonski-funded programs are making to student learning in public schools across the Eden Monaro electorate.

Guest Speaker: Mr Gary Zadkovich
Deputy President NSWTF
Friday 30th October
6pm—7.30pm at Karabar High School Hall
Donald Road, Queanbeyan
RSVP to Bowning School by 26th October

Reminders
Report folders are now due
Resilient Kids
Skills in resilience are promoted in NSW Public Schools because through them children fare well in life. Research shows children with good resilience perform better at school and are less likely to take part in risky behaviour, particularly as they enter the teenage years. Resilience is a shock absorber for the potholes of life. Resilient children know how to cope and have developed skills that enable them to flex so they can manage life’s blows when they happen without them getting too down, stuck on ways that aren’t helping or giving up.

Learning to become successful is one of the most important aspects of building resilience. Success is contagious and if you have a feeling you can be successful in one avenue of your life then the likelihood of that ricocheting into other areas of your life is high.

Top Tips on Building Resilience

- Teach your child to experience success by supporting them in something they like doing whether it’s a sporting, academic or artistic endeavour.

- Help them develop skills to be successful at school such as having good concentration and memory by playing card games and puzzles.

- Being able to read people’s emotions is powerfully predictive of how well children can get on with people at school. Play games with your child by predicting what sort of day a person walking down the street may have had.

- Be aware of the ‘yuk and yum’ factor—some things will make your child feel good and other things will make them feel bad. The idea is for them to gather things around them that cheer them up if they’ve had a bad day.

- Keep things in perspective explain to a grumpy child their circumstances are not the worst possible, and that others have been through similar situations. Walk beside them as they handle the situation. This helps them to build hope and the belief they can handle problems.

The things that are most important are teaching children what a good life is, how to live life and how to turn things around when they’re tough.